

Recetas Con Miel



Smooth Honey Skin Lotion

Stir

- 1 spoonful of honey.
- 1 teaspoon of organic olive oil.
- A squeeze of lemon juice (lemon juice is a natural skin brightener to help fade signs of aging).

Spread on after a bath or whenever your skin needs a little pampering. Rinse off with a warm washcloth after 20 minutes.

This skin lotion uses honey's natural humectant properties to moisturize and hydrate your skin, leaving you feeling smooth and soft.